

## 2011 Pork & Beef Order Form

All of our meats are naturally raised. You can be assured that our livestock is raised in a healthy and humane manner. All animals are grass fed outdoors in the fresh air and sunshine as nature intended. We believe healthy soil produces healthy plants, and in turn healthy animals and healthy people.

All of our meats are available in limited quantities and will be sold on a first come first served basis.

### Grass Fed Beef

All our cattle are hardy breeds that thrive on pasture. This season we have Scottish Highlander and Piedmontese steers. They produce a nutritionally superior meat 3-5 times higher in omega 3 fatty acids and CLA (conjugated linoleic acid) than traditional beef. The cattle rotationally graze a diverse diet of remineralized pasture. The meat is extra lean and requires a bit more care in preparation. The result is worth it.

We are offering Grass Fed Beef by the half, split half, or whole. Expected hanging weight is approximately 450 lbs. and will be processed to your specifications. Price includes processing and packaging. Sausage and hamburger patties are extra. .

Grass Fed Beef Available late summer through fall 2011.

1/4(split half)@\$3.35/# \_\_\_\_\_ 1/2@\$3.35/# \_\_\_\_\_ Whole@\$3.20/# \_\_\_\_\_ Beef deposit\$ \_\_\_\_\_

Please include \$100 deposit on your beef order.

### Pasture Raised Pork

Our pigs are raised outside with an expanse of fresh growing food and fresh air. They help recycle culled vegetables from our fields and are supplemented with organic grains, organic minerals, and kelp. We are offering our pasture raised pork by the half, quarter, or whole. Expected hanging weight is approximately 200 pounds.

Price includes all processing and packaging. Smoking, sausage, and bratwurst are an extra charge.

Split halves (1/4's) are processed in a standard user friendly package with chops, fresh roasts, smoked bacon and hams, and breakfast sausage made from the trimmings. If you have questions please call.

Pasture Pork Available fall 2011.

1/4 (split half)@\$3.25/# \_\_\_\_\_ 1/2@\$3.25/# \_\_\_\_\_ Whole @\$3.00/# \_\_\_\_\_ Pork deposit\$ \_\_\_\_\_

Please include a \$100 deposit with your pork order.

### End of Season Items!

Holiday Share - Help make your holiday extra special and extra nutritious. Ready the week before Thanksgiving, the Holiday Share is generous mix of seasonal favorites like winter squash, potatoes, onions, carrots, parsnips, spinach, lettuce, cabbage, kale, and more. Holiday Share \$40.00 \_\_\_\_\_

Winter CSA Share - Four more diverse boxes of produce. Deliveries will be on 11-2, 11-9, 11-16, and 11-23 to the drop site. This is the most economical way to get the best of the late season squash, lettuce, carrot, onion, cabbage, kale, potatoes, parsnips, chard, and the sweetest spinach of the season.

Winter CSA share - one size \$88.00 \_\_\_\_\_